

Nordic Canada Track Attack Program at MCCSC

Track Attack had its year-end party yesterday which was a great success!! We had a total of 16 people (Track Attack skiers and their families). We played soccer with 1 ski on, as well as relay races in the biathlon range area, we pretended we were Tom Cruise in mission impossible and got through a maze of ropes strung from trees like laser beams in the pink trail. We had a bonfire with lots to eat followed by prizes and awards. We sat on lawn chairs around the fire outside and relaxed and had lots of laughs.

Somehow, despite Covid restrictions, we managed to safely have Track Attack program this season thanks to a group effort that obviously included the groomers!! For more than the first half of the season we were restricted by Covid and were only allowed to provide lessons to 1 family bubble at a time. Thankfully we were able to return to group lesson format over the last 3 weeks.

I wanted to give a special thanks to Paul MacKinnon who I could always count on to be my second adult at each of our group lessons as well as Emily Comeau who always seemed to be there at the right times when I needed her. I also thank Jeff Williams who made a surprise hot chocolate run for us.

Thank you! Happy spring skiing!

Chastity DeGroot
Track Attack Instructor

To see photos/videos taken at the wrap-up visit <https://flic.kr/s/aHBqjzGwyy>